



## Canyon Casserole

- Crisco**® Original No-Stick Cooking Spray
- 1 pound ground beef
- 1 (1 oz.) pkg. taco seasoning mix
- 1 (14.5 oz.) can diced tomatoes, undrained
- 1 (7 oz.) can whole kernel corn, drained
- 1/2 cup water
- 1 large egg
- 1 cup **Martha White**® Buttermilk Self-Rising Enriched White Corn Meal Mix
- 1/2 cup milk
- 2 tablespoons **Crisco** Pure Vegetable Oil
- 1 cup shredded Cheddar cheese

**HEAT** oven to 400°F. Coat 8 x 8-inch baking dish or shallow 2-quart casserole with no-stick cooking spray.

**BROWN** ground beef in large skillet over medium-high heat until thoroughly cooked, stirring frequently. Drain. Stir in taco seasoning mix, tomatoes, corn and water. Bring to a boil, stirring occasionally. Pour into prepared baking dish. Beat egg in small bowl. Stir in corn meal mix, milk and oil until well blended. Stir in cheese. Pour batter over ground beef mixture in baking dish.

**BAKE** 30 to 35 minutes or until topping is golden brown.

Makes 6 servings